

## **The importance of a carer & choosing the right one?**



### **What are an NDIS Carers role when it comes to the NDIS?**

Carers play a large role in supporting participants throughout the NDIS process. Caring for a person with a disability can be both rewarding and challenging.

Carers can assist participants in many aspects and [The NDIS](#) understands the value of carers in a participant's life and values their contribution and knowledge.

Carers are essential in supporting people with disability to realise their goals.

### **What does being a carer involve?**

On a day-to-day basis, carers' duties could include helping with meal preparation, household chores, accessing community facilities, showering, shopping, meeting friends, visiting the doctors, finding a job, or providing general emotional support, etc

### **When choosing a carer it is important to find out the following:**

- What are their key values?
- What are their strengths and weaknesses?
- What experience do they have?
- Do they have an [NDIS Worker Check?](#)

## It is important to know what your must-haves are when choosing a carer:

- Do you need someone just for household tasks?
- Do you need more intense care?
- Do they have transport?
- The hours you will require them for

## Can a family member be a paid carer under NDIS?

Unfortunately, not, as the NDIS does not allow you to use your plan's funding to pay a family member to provide support – even if your regular support worker is unable to provide you with support.

It is important to understand what types of supports may be funded under the NDIS, if you have an NDIS plan in place this will outline what your funded supports are.

Here are some valuable sites

- [Carers NSW Australia](#)
- [Other NDIS Supports](#)
- [NDIS and Carers](#)



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