

NDIS issues and updates

Meal preparation and delivery – ongoing flexibility in the NDIS guidelines

- **Effective 1 March 2022**, NDIS participants who usually have a support worker help them prepare meals at home or help with grocery shopping, can use these funds to pay for meal preparation and delivery support for a limited time.
- This has been clarified in our guidelines for Nutrition Supports including meal preparation.
- A new support item has been added to the support catalogue 01_023_0120_1_1: Assistance with the cost of preparation and delivery of meals.
- Providers no longer need to submit quotes for meal preparation and delivery built into new plans from 1 March 2022. This does not impact existing plans.

For more information [click here](#)

Note - *Nutritional supplements need LAC/NDIA approval before they can be purchased (if not already mentioned in the plan), for more information click here.... [How do you get nutrition support in your plan? | NDIS](#)*

Rapid antigen test (RAT) for support workers - extended

- RAT claims for eligible supported independent living (SIL) providers have been extended until 30 April 2022.

Mid cost assistive technology (AT)

New support items for AT have been included in the support catalogue to support the changes that expand mid-cost AT to cover AT. [Learn more](#)

