



ASSISTANCE WITH DAILY LIFE EXPLAINED

Assistance with daily life funding is there to help assist participants with their everyday needs to enable the participant to live as autonomously as possible in the community.

Some examples are:

- 1. Household decision making** - developing skills in household duties (e.g. cleaning, mowing the lawn, doing laundry, grocery shopping)
- 2. Personal care** - showering, dressing, and other personal care tasks
- 3. Assistance with household tasks** - cleaning and cooking
- 4. Meals** – e.g. meals on wheels and preparation and delivery of meals, meal planning
- 5. Accommodation** - short term accommodation and assistance (e.g. respite care) - helping with finding, or providing, housing and accommodation
- 6. Education** - on how to remain safe in the community
- 7. Travel** - training to use public transport
- 8. Budgeting** – money management

