

## **How to get the most out of your NDIS funding in 2022?**



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Managing your NDIS funding effectively and efficiently is an important step in ensuring your goals are met.

It can feel overwhelming to think about all aspects of your life, but this is important when you are going for your first NDIS plan or an NDIS plan review.

If you already have a plan and are concerned that the funds available to you do not properly align with the goals you have set, you can always request a Plan Review from the NDIS and communicate how your needs have changed.

**It is important to ensure that you put the following in place to ensure you can maximise your NDIS funds.**

- Put your needs and goals first
- Think about the support you will require and put a rough estimate together so that you get the funding you need. Your carers, therapists, etc can assist you, if this is your first plan then speak to your LAC
- Keep in mind funding needs to be aligned with your main goals
- Do your research on providers so that you can make sure they match your needs
- Don't accept a plan if it doesn't meet your needs
- Always ask for an explanation if you don't understand a decision
- Start utilising your NDIS funding as soon as you have it approved

## As a guide think about your needs in the following areas:

- **Daily Living** – living and working as independently as possible in your community. Think about your transport needs, consumables, and assistive technology
- **Social and Community participation** – what do you want to do in the community, meet new people that are like-minded or attend group outings, etc
- **Home** – what you may require in your home regarding home modifications and being able to live safely in your home
- **Work** – this is important if you want to find work or just to keep yourself in a job
- **Health & Wellbeing** – do you need assistance with meal preparation, physiotherapy, psychology, occupational therapy
- **Relationships** – social skills development, engaging with others

If you are in doubt speak to an NDIS representative at **1800 800 110**



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